



Michael A. DeVito, DPM, FACFAS
10255 Southwest Highway
Chicago Ridge, IL. 60415-1350
(p) 708.425.5656 (f) 708.425.6155
office@devitofootdoc.com
devitofootdoc.com

You will need the following:

- Band-Aid(s)
- 1 teaspoon of Epsom Salt
- 1 quart of Lukewarm water
- Hydrogen Peroxide
- Antibiotic Ointment

POST-OPERATIVE INSTRUCTIONS FOLLOWING NAIL SURGERY

1. Leave the initial bandage on the toe(s) for 24 hours.
2. The next day remove the bandage and soak the toe for 15 minutes in a solution of 1 teaspoon of Epsom Salts per 1 quart of lukewarm water in a small basin.
3. Apply Hydrogen Peroxide to the wound.
4. Apply antibiotic ointment and a band-aid to the nail area.
5. Repeat steps 2 through 4 later in the day, so that the toe(s) are soaked twice a day for two weeks.