



Michael A. DeVito, DPM, FACFAS
10255 Southwest Highway
Chicago Ridge, IL. 60415-1350
(p) 708.425.5656 (f) 708.425.6155
office@devitofootdoc.com
devitofootdoc.com

You will need the following:

- Betadine (Iodine)
- Q-Tips
- Band-aid(s)
- 1 gallon Lukewarm Water
- Mix above items in small basin easy to carry or move

Infection Foot Soak

Place 1 – 2 capfuls of betadine solution in 1 gallon lukewarm water. Soak foot/feet for 10 – 15 minutes twice daily. Apply betadine with Q-tip directly to the affected area, cover with band-aid. Continue these steps as directed.